



THE USE OF POWTOON AS MEDIA TO REDUCE TEACHER'S ANXIETY IN TEACHING EFL CLASS

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ABSTRACT

In improving the quality of teaching, several factors must be to pay attention to. One of the factors at issue is anxiety, which is a significant problem in the classroom. Anxiety often occurs in inexperienced teachers. It makes teaching ineffective in terms of providing information to students. The consequences of anxiety in learning have an impact on discomfort in learning. With today's developing technology, this problem can be reduced, especially on the anxiety factor in the learning process. This study aimed to identify the effectiveness of using the PowToon application in reducing teacher anxiety in teaching EFL classes. This literature study used eight papers studying the effect of the use of PowToon and similar E-media in teaching. The findings of this study indicate that PowToon provides many advantages in learning. Because PowToon is one of the media that can make it easier for teachers to teach and explain. With the help of PowToon, the application can also make students innovative because learning does not feel bored with monotonous learning situations. The findings show that using media with PowToon can reduce anxiety, increase teacher confidence, and make learning more enjoyable. Thus, this research can provide information for teachers who has less confidence in teaching.

Keywords: *anxiety, learning, PowToon, teaching*



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1. INTRODUCTION

1.1 Introduction

Education is the most critical aspect in improving the quality of the individual in a country (Suresh and Kumaravelu, 2017). Each individual has different qualities depending on their understanding in gained excellent and bad impact by adaption around them. There are two kinds of factors that influence the quality of an individual, namely internal factors and external factors. According to Cole, Holtgrave, Ríos, Mitchell, and Lindström (2014), internal factors may be caused by individuals, and others may cause external factors. In education, mostly the factor that often encounters an individual is internal, namely anxiety (Swift, Cyhlarova, Goldie, and O'Sullivan, 2014). According to Munasiah (2016), anxiety can be defined as a mental tension that is restless within itself. In anxiety disorders, stimulus produces a disproportionately anxious reaction that causes severe distress (Maina, Mauri, and Rossi, 2016). Anxiety in human

life affects attention, learning, cognitive processes, information processing, academic performance, or work capacity. It has also been shown that anxiety affects health and reduces the activity of the immune system (Nechita, Florina, and Motorga (2018).

Rudiansyah and Amirullah (2016) said that anxiety is very important in decreasing the motivation of each individual to achieve his goals. However, problems occur when the individual has high anxiety. It can have a negative impact. Anxiety brings tribble impacts, especially in the field of teaching. The teacher or tutor will feel the impact of anxiety during the process of learning. It is caused by mental factors by teachers or tutors who are not confident enough to speak in public (Ana Fergina, 2018). In teaching, teachers or tutors should be able to give information to their students in gained knowledge. In this step, the teacher will feel anxiety in themselves. Some examples of anxiety, namely, the teacher's fear of being wrong, think the students are smarter than teachers. Those examples are often discovered in the world of education (Ana Fergina, 2018). Another case already found about anxiety where the teacher is not confident in talking (Januariza & Hendriani, 2016).

The development of technologies is still developed, bringing a big impact on education, especially teaching (Ahmadi, 2018). One of the effects of technology is the emergence of technology that reduces people's anxiety in teaching (Hossain et al., 2020). Some e-media can reduce the number of factors such as using YouTube to learn in writing, using google to translate as a smart dictionary. One kind of application that teachers can use in reducing anxiety during the learning process is the PowToon application (Heidi, 2015). PowToon application system works as a presentation with a different and more attractive appearance in teaching. The use of applications such as PowToon and other applications can make a country especially Indonesia more advanced in the world of education (Azhar, 2014).

Many teachers in Indonesia have not used the PowToon application to reduce anxiety in learning. As a result, teachers with little experience are hesitant to provide instruction. Learning in Indonesia is often boring and uninspiring. It gives the impression that existing learning is less appealing to students in the twenty-first century. Due to technological advancements that may occur to students today compared to traditional learning (Coman et al., 2020). Students tend to be more creative as a result of additional learning applications such as PowToon because of the development of balanced technology in everyday life and the world of learning (Suprianti, 2020)

The use of PowToon in teaching is already used by Semaan (2018). The research discusses the use of the PowToon application to determine the effectiveness of teaching EFL students. Research is carried out by paying attention to the problems that exist in the calculus, then trying to understand the application or the concept of PowToon. Using the PowToon application for the teacher shows that the teacher can explain the material, especially in listening. It makes the teacher more confident with their way of teaching using the PowToon application. It can reduce teacher anxiety in the learning process. Using the PowToon application makes students more enthusiastic about studying and makes the teacher more confident in explaining the material with innovative media.

The second study was conducted by Afkar (2019). The research discusses the PowToon application, which has advantages in animation and effects. The study was designed to use PowToon media to teach English writing to junior high school students in Indonesia. It used six videos that contained material focus on students' writing skills. The results showed that the six videos used for learning were well written in English. The impact makes the teacher successful

in making media suitable for the student, especially in writing. It makes the student able to make good sentences. The use of applications makes the teacher able to develop creativity and reduce teacher anxiety.

The third study was conducted by Syafitri, Asib, and Sumardi (2018). This research discusses PowToon as a digital medium to improve student pronunciation in speech classes. The teacher used the media of PowToon to reduce anxiety in-class speaking. The results have shown that PowToon, as a digital medium, can improve student speech and student motivation. That makes the teacher successfully make media in reducing anxiety and improving student skills in pronunciation

1.2 Research question

How is the PowToon application's effectiveness in reducing teacher's anxiety in teaching the EFL class?

1.3 Significance of the study

Many teachers today lack confidence in their ability to teach in today's educational environment. Previously, many teachers did not take advantage of the advancement of E-media technology in teaching, such as the PowToon application. The goal of this research is to assist teachers who are still inexperienced and anxious about teaching. The results of this study will be useful to know the effectiveness of using the PowToon application to reduce teacher anxiety in teaching the EFL class. This research will provide benefits to teachers who have a lack of confidence in teaching.

2. METHOD

The data collection method in this research is a literature study. The purpose of a literature review is to describe a particular topic or field by summarizing and synthesizing arguments and other research ideas (Onwuegbuzie & Frels, 2016). Researchers have taken several steps. The first step is to collect data from primary and secondary sources. The meaning of "primary source" refers to data collected regarding using the PowToon application to reduce anxiety. The meaning of "secondary resource" refers to data collected from several books and related articles to support current research. There are a total of five research papers used as the main sources. At the same time, the secondary data sources come from papers and books. As many as eight sources were used to support this research. Both primary and secondary sources are collected online through credible sites such as Sinta, researchgate, and google scholar. The second stage in this research is data classification. Data related to using the PowToon application in teaching is classified, with special emphasis on its implementation. The third step is to analyze the data that has been collected at the data classification stage. Each article is analyzed by solving and identifying the important information in it. Then, synthesize all of the articles obtained, integrate them, and identify the conclusions drawn from all of them. After analyzing the data, the researcher completed the final step to draw conclusions based on data analysis. In general, the purpose of this study is to determine the effect of the PowToon application itself in reducing teacher anxiety when teaching

3.FINDINGS AND DISCUSSION

3.1. Finding

According to Nurdiansyah & Faisal (2018), the use of learning media in teaching and learning, such as PowToon, can generate motivation and stimulation of learning activities and have a psychological impact on students and the teacher. Learning outcomes will improve if the message is delivered with the center of attention. Based on this, it can be concluded that good and interactive learning media is required to motivate learners and teachers. As a result, it improves learning outcomes and teacher teaching skills.

According to Burgin (2014), the roles of technology bring a big impact, especially in education. There are three key roles of education technology in education, the first the from schools to education systems in all countries. By using education with technologies, the teacher can give all of the students' information in all countries by using the internet. The student can gain knowledge from a teacher at school and another teacher worldwide, secondly, as information supplies, communication facilities, word processing. The teacher and student can bring information using the internet by an application named google or e-library. The teacher and student will be more able to find many sources about the materials. Thirdly, as the implementation of the teaching and learning process. Technologies can use many media in the learning process, such as the PowToon application. That media can serve as a way to improve teacher's confidence in giving knowledge

According to Semaan (2018), some teachers already used the application of PowToon as their media in the learning process. The use of PowToon is to reduce the anxiety between teacher and student. The teacher used this application to help them explain or giving information. PowToon can be defined as a web-based tool that provides a wide range of selected media, graphics, cartoons, and animated images to create animated presentations that flow seamlessly and logically. It also includes a class account for project-based learning. PowToon presentations can be exported to other systems like YouTube and PowerPoint that offer versatility in sharing "awesomeness." PowToon allows easy-to-use teachers to make their presentations according to the needs of their students instead of constantly searching for relevant, ready-to-use videos (Semaan, 2018).

According to Buchori & Cintang (2018) already used the PowToon application as learning media in teaching. The result shows that using PowToon can also enhance the students' enthusiasm for the lesson. They said that PowToon media could display material videos fitted with animations. It can help students understand the material they are explaining to capture lessons by their creative imagination. It can also make it easier for teachers to explain and increase the teacher's sense of trust in teaching with the help of the application. Of course, the PowToon application can reduce teacher anxiety in the classroom. Teachers with low self-esteem will benefit greatly from the PowToon application.

According to Susanti (2020), materials, assessments, quizzes, and other educational methods can be implemented using PowToon. The teacher also can put the materials on PowToon and created them in the form of presentations. Students can download the file from the teacher on PowToon. Similarly, assessments and quizzes created by teachers can be done in the same way. It can be an alternative way for teachers who are not confident in their ability to teach

to use the PowToon application to provide material. At the very least, this application serves as an assistant to the teacher and will undoubtedly alleviate the teacher's concerns.

According to Oktaviani & Mandasari (2020) said that The use of PowToon has four advantages: the student can better understand the material provided by the teacher; the use of PowToon application makes the participant more enthusiastic while studying; it makes the learning target easier to achieve; and it can provide various or interesting sources. It brings a big impact during study for the teacher and the student.

According to Sutisna (2019), implementing the PowToon application can provide two parties in learning, namely students and teachers. The impact of using PowToon on students can help students understand the material. As a result, learning through animation videos from PowToon software makes the learning process more engaging. For the teacher, the PowToon software animation video can be the other optional method as educational media; it can be more interesting than a classic method for the teaching process. In addition, students and teachers will both benefit from learning which makes students more interested in learning, and teachers become more confident in delivering the material.

According to Ramachandiran & Mahmud (2019), they used PowToon as an app to rate students. Concerning PowToon's usefulness in promoting the formative evaluation process, the students consider digital teaching and learning tools suited as they apply their knowledge and skills effectively in carrying out tasks assigned with minimal monitoring. Feedback during presentation sessions is helpful because they feel motivated, and thus, their learning curve is increased. Teachers become more confident by using applications that are interesting for their students

3.2. Discussion

Adnyani, Suprianti, Marsakawati, & Narotama (2021) showed that the use of PowToon increases students' enthusiasm in learning English and motivates them to participate in the learning process. Students can enjoy the learning, the student can understand the information, and the student can master vocabulary. It made the student more creative and focused on the topic they get in the class. It can be one of the innovative media used for new teachers who lack experience in teaching. In addition, the advantages of PowToon for teachers are that it can make the material presented by the teacher easy to understand. It can also reduce the teacher's anxiety in teaching, especially for teachers who have low experience. PowToon itself can be used as a medium to store material that teachers can use.

According to Sa'adah (2020), one of the PowToon media's benefits is that it may be played back if students are provided the PowToon file. Because by giving the file, the slow-learner learners can repeat the file on the mobile. Media PowToon is provided to slow pupils and requests them to replay it to repeat the material as required. Playback can be done everywhere so that students can learn more easily. In addition, it will also affect the quality and teaching methods of teachers to be more innovative and, of course, make teachers able to overcome anxiety during teaching

According to Kafah (2020) said that the use of PowToon for teachers is very much in line with technological advances that continue to develop. It will make it easier for individuals to find information in education with the help of increasingly sophisticated technology. One of the goals

of this technology is to overcome the problem of "anxiety" found in teachers, often encountered by inexperienced teachers. These media, such as Google, YouTube, PowToon, the teacher will be helped to explain the material and make the teacher more confident in teaching. In addition, the help of a type of presentation application such as PowToon will make students more motivated to study interesting animated photos made by the teacher to convey the material. Besides, Teachers will find it easier to establish important points when they study in PowToon class.

Yuliani & Hartanto (2021) said that PowToon is a free online animation video tool used in an online or offline class. One of the most engaging and stimulating programs for children to utilize is PowToon, which will quickly become a favorite. According to the research findings, PowToon is a useful and strong animation video program that assists students in completing Introduction to Literature. Furthermore, PowToon had assisted every primary school student in selecting animated figures, sound, text, and audio preferences. As a result, the pupils were eager to use the PowToon program for a more difficult subject.

According to Buchori & Cintang (2018), PowToon is an ideal choice for a cloud-based movement video maker. It is protected from being used because it is not necessary to download and introduce the product. The interface is easy for users without innovation experience to understand. PowToon has an instinctual interface to produce competent recordings and introductions from or without a wide range of formats. Users can record and introduce the ambient sound from a broad free implicit library in less than an hour. PowToon allows to transfer and alter ambient sound, voiceover, and script in comparison with various applications.

4. CONCLUSIONS

4.1 Conclusion

This study aims to reduce teacher anxiety in providing learning. Technology-enhanced learning, such as the PowToon application itself, can provide convenience for teachers and convenience for students. The use of PowToon has been widely adopted in countries that use technology. Aside from PowToon, there are numerous other applications that teachers can use to deliver the material themselves. The results showed that the many influences given to using the PowToon application could reduce teacher anxiety in teaching and increase teacher confidence. The results of the study can also have an impact on the classroom, especially on students and teachers. For students, it will provide an innovative and not monotonous learning style. Teachers will make the PowToon application a place for materials to be used for teachers who have insecurity or feel restless. Apart from only being able to help the teacher and make students more interactive, there are also several advantages of using PowToon. First, the student can better understand the material provided by the teacher. Second, the use of the PowToon application makes the participant more enthusiastic while studying. Third, it makes the learning targets easier to achieve. Fourth, and it can provide various or interesting sources. It brings a big impact during study for the teacher and the student. The use of the PowToon application itself can positively impact teachers' confidence in the classroom. In addition, it will also affect the quality and teaching methods of teachers to be more innovative and, of course, make teachers able to overcome anxiety during teaching

It is easier for teachers to explain the material to students when they use the PowToon application. Several sources have been included that can reduce teacher anxiety in implementing learning. The help of this application assistance of this application is ideal for teachers with little experience or who are unsure about providing instruction. The teacher can also give the impression of more innovative learning by using the PowToon Application. Several sources and previous research provide a very positive impression of the use of PowToon in classroom learning. This application also provides 21st-century learning, which may require students to be more creative and modern.

4.2 Suggestion

Because this study was conducted to see the effectiveness of using the PowToon application in reducing teacher anxiety, further research should be carried out at a higher level. It is very useful for teachers who lack confidence in teaching and, of course, also to make the class more innovative and interesting. Because there are many currently found teachers who have less experience feel restless when teaching. It will be interesting if the use of media like this can be developed to overcome the problems of teachers who are often found

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